

## Food-bank and YMCA Reports

The demand for emergency food boxes has increased this past year. About 10 boxes are given out each week i.e. 500 boxes a year and each box contains at least 10 kgs of food. The boxes are collected weekly from Warminster and at the same time food donated by the general public at Sainsbury's is delivered. In the last 4 weeks a box for food donations has also been put into ASDA Frome. Food box vouchers are issued by the CAB and health professionals as well as the Children's Centres. The vouchers can be exchanged for boxes at the YMCA, the Bridge Cafe and Children's Centres. Volunteers to help with trips to Warminster would always be appreciated.

Chris and Miriam Hare - Frome co-ordinators for Warminster and District Food-bank

We have become volunteer chaplains to Mendip YMCA during this past year and serve on the Board of Trustees. We go in to the Frome office and Routes cafe at least once a fortnight and support both the young people and staff. There is still a great demand for emergency accommodation for young people who suddenly find themselves without a home. A number of people from the churches in Frome help as volunteers and this is much appreciated. Last Friday we joined six young people and members of staff in sleeping out for one night (it rained heavily for 3 hours!) in order to raise money to support the work of Mendip YMCA. It certainly made us realise how fortunate we are to have a warm and dry bed each night.

Chris and Miriam Hare

God bless,  
Chris