



FairFrome

Fair Frome Food Bank serves Frome and the surrounding area covering the BA11 postcode.

It works by collecting food donations made at collection points across the town, which are then sorted and packed into parcels which provide more than three days emergency food for local people in crisis.

**Food Bank  
Donation List**

- Tea
- Coffee
- Sugar
- Squash
- Hot Chocolate
- Long-life Milk
- Breakfast Cereal
- Biscuits
- Cereal bars
- Snack bars
- Pasta
- Pasta Sauce
- Rice
- Tinned Potatoes
- Instant Mash
- Tinned Meat (Stewed  
Steak or Mince or  
Chicken, Hot Dogs,  
Meatballs)
- Tinned Fish
- Tinned Vegetables
- Tinned Tomatoes
- Tinned Soup
- Baked Beans
- Tinned Spaghetti
- Cuppa Soup
- Packets Savoury Rice  
or Pasta
- Instant Snacks ie Pot  
Noodle
- Tinned Rice Pudding
- Tinned Fruit
- Tins Custard or pack-  
ets instant custard
- Jam or Spread
- Baby Food
- Nappies
- Toiletries**
- Toilet roll
- Shower gel
- Soap
- Shampoo
- Tampons

**If you or someone you know  
would be in need of emergency  
food**

You can collect a referral form from the CAB or your GP and if you are under 25 the YMCA.

Take the form you are given to the Bridge Café the YMCA or the Fair Frome office in Palmer Street to collect your food Parcel.

**Ways to support the Fair Frome**

**Food Bank**

**Donate** dried and tinned food at one of the collection points in supermarkets and shops across the town or at the Fair Frome office

**Volunteer your time** to support the project get in touch with us to find out more.

**Sponsor** Fair Frome through a regular standing order, contact us for a form.

**Donate** money to support the running of the food bank and Fair Frome

**If you would like more information about the Frome Food Bank or any of our other projects please contact us via email [info@fairfrome.org](mailto:info@fairfrome.org) or telephone 07714587129**



**FairFrome**  
Real People - Real Projects - Real Difference

Fair Frome  
Charity number: 1156185

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***Real People, Real Projects,  
Real Difference***

